

## Packing list:

- ☐ Your travel documents (passport or ID card, copy of your passport, flight ticket, overseas travel health insurance, sailing licences if applicable, driving licence)
- ☐ Credit card, EC card
- ☐ [Sunglasses](#), and a strap for them if you like
- ☐ [Sports bag](#), [soft backpack](#) etc. Please do NOT bring a HARD-SHELL SUITCASE. On a yacht we have lots of small storage spaces, but no big wardrobe. A hard-shell suitcase would be in the way in your cabin.
- ☐ A pair of [sturdy, non-marking shoes](#) (soles that don't leave scuff marks)
- ☐ For children, sturdy shoes are best, ideally without laces
- ☐ We can't wear flip-flops while sailing – only when we're ashore
- ☐ [Water shoes](#) (for swimming and protection against sea urchins)
- ☐ Sunscreen, min. SPF 50 (we're out on the water, and the sun is much stronger there than on land), [lip balm with SPF](#), [aftersun](#)
- ☐ First-aid kit (for diarrhoea, colds, flu, nausea if needed, plasters, disinfectant ointment) – it can help to ask your paediatrician beforehand about seasickness in children
- ☐ [Toiletry bag](#) with your personal toiletries
- ☐ [Headwear](#) that won't blow away easily, especially for the kids! On the water, children need extra protection from the stronger sun.
- ☐ A [long, thin top](#) – your shoulders in particular should stay covered
- ☐ An extra change of clothes (especially for the kids)
- ☐ [Light windbreaker](#)
- ☐ [Bikini/swim trunks](#)
- ☐ [Lycra](#) if you like, for watersports and swimming fun
- ☐ [Power bank](#)
- ☐ [Water bottle](#) (to save on plastic bottles)
- ☐ [Sailing gloves](#) (or alternatively work or cycling gloves). Not a must, though
- ☐ [Head torch or flashlight](#)
- ☐ [Waterproof bag](#). Not a must, though
- ☐ Magazines/books/e-reader
- ☐ [The kids' favourite games](#): small travel games or cards work best
- ☐ A [warm jumper](#) or fleece – it can get cooler in the evenings, and we're outside the whole time
- ☐ [A towel](#) is provided for every crew member. Everyone should bring their own extra beach/pool towel
- ☐ Bed linen is provided on board
- ☐ Music, and a [Bluetooth speaker](#) if you like
- ☐ Games
- ☐ [Diving goggles](#) and snorkel if you like
- ☐ [Armbands](#), water toys for the kids ([example](#)), life jackets will be on board



sailwithus  
Carl Grubert  
Gagernstraße 8  
60385 Frankfurt / Main

Mobile +49 17658887261  
Telephone +49 69 27294534

Mail: [info@sailwithus.de](mailto:info@sailwithus.de)

[www.sailwithus.de](http://www.sailwithus.de)

Any questions?:

**CONTACT NOW**